

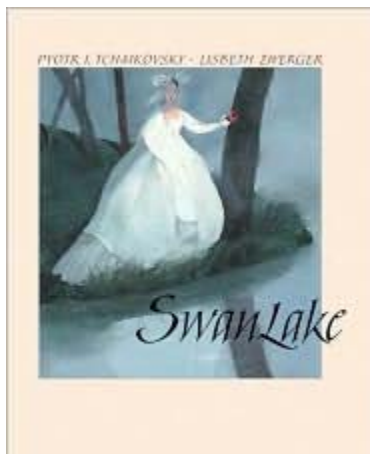
BalletMet Columbus Recommended Reading Resources

BalletMet cannot guarantee the appropriateness of the content of these resources and advises parents to review publications prior to purchase and/or use.

Please check these books out at your local library! All of these selections can be found at either www.amazon.com or www.bn.com.

**All of the quoted materials are exact replicas of the book's own synopses.*

Recommended Reading for 2009-2010 BalletMet Season

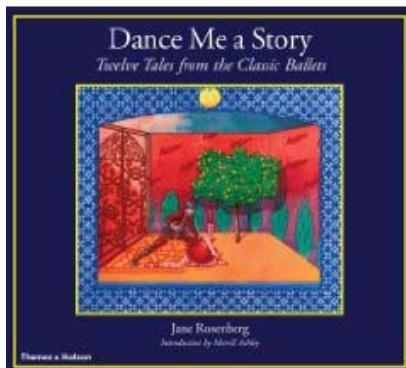


Swan Lake

Zwerger, Elizabeth. Ingram Pub Services, 2002.

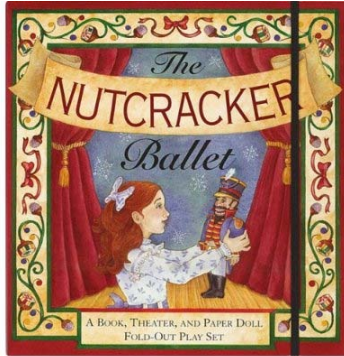
“One of the best-loved ballets of all time is adapted by illustrator Lisbeth Zwerger for this glorious picture book. Basing her version on Tchaikovsky's original 1877 ballet, which had a happy ending unlike the later, more well-known 1893 version, Zwerger tells the haunting story of an enchanted swan princess with lyrical grace and beauty. Full-color illustrations.” (7yrs-9yrs)

Dance Me a Story: Twelve Tales from the Classic Ballets



Rosenberg, Jane and Ashley, Merrill. Thames and Hudson, 1995.

“Rosenberg retells 12 great ballets as fairy tales, recreating as fully as possible, in words and pictures, the actual experience of a ballet performance. Here are the romantic arabesques of *Giselle*, the classical attitudes of *The Sleeping Beauty*-- ballerinas partnered by their cavaliers, villains in the guises of witches and magicians, characters comic and noble. Also including *Cinderella*, *Coppélia*, *Don Quixote*, *Firebird*, *Nutcracker*, *Swan Lake*, *La Sylphide* and more...” (9yrs-12yrs)

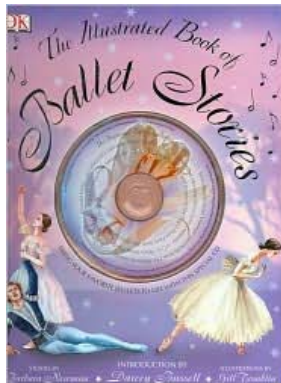


The Nutcracker Ballet: A Book, Theater, and Paper Doll Fold-out Play Set

Conlon, Mary. Peter Pauper Press, Inc., 2008

“The classic story of *The Nutcracker* comes to life with this book, theater, and paper doll play set. Read along in the storybook as your paper doll characters (more than 35 of them!) dance their way through three different foldout stages - Clara's living room, the Enchanted Forest, and the Land of Sweets. Place the dolls and

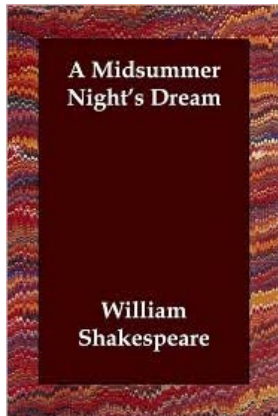
storybook in the handy storage envelopes for safekeeping until the next performance! Fun for all ages!” (4yrs-8yrs)



The Illustrated Book of Ballet Stories

Newman, Barbara. New York: DK Publishing Inc, 2005.

“Discover all the magic, excitement, and beauty of ballet with this captivating combination of illustrated stories and music. Enter the fairy-tale world of princes and princesses, sorcerers and wicked fairies, and forest full of enchanted maidens. Enjoy the enchanting stories and discover fascinating ballet facts while listening to highlights from the beloved classics: ‘*Sleeping Beauty*,’ ‘*Giselle*,’ ‘*Coppélia*,’ ‘*Swan Lake*,’ and ‘*The Nutcracker*.’ Take a close-up look at the graceful moves and amazing costumes of real ballet stars.” (4yrs-12yrs)

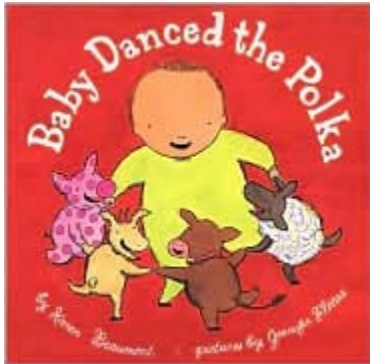


Midsummer Night's Dream

Shakespeare, William. Echo Library, 2006.

Shakespeare's play of *A Midsummer Night's Dream*. (**Young Adult/Teen**)

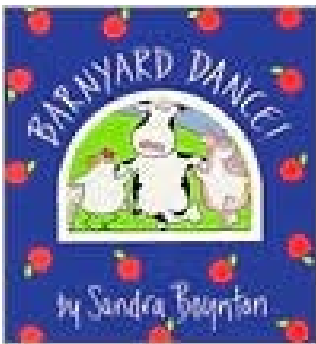
Early Childhood: 0 – 5



Baby Danced the Polka

Beaumont, Karen. USA: Penguin Group, 2004.

“It’s nap time at the farm, but an un-sleepy baby has a different plan...BABY WANTS TO DANCE! Will Baby boogie-woogie? Will Mama flip her wig? Will Baby dance the polka with a polka-dotted pig? Grab your best little partner and dance along to this happy tale of a toe-tappin’, no-nappin’ good time!”



Barnyard Dance!

Boynton, Sandra. New York, NY: Workman Publishing Company, Inc., 1993.

“Stomp your feet! Clap your hands! Everybody ready for a BARNYARD DANCE! A bespectacled fiddle-playing cow and a pig twirling a sheep are featured in a barnyard dance. Board pages with a die-cut cover.”

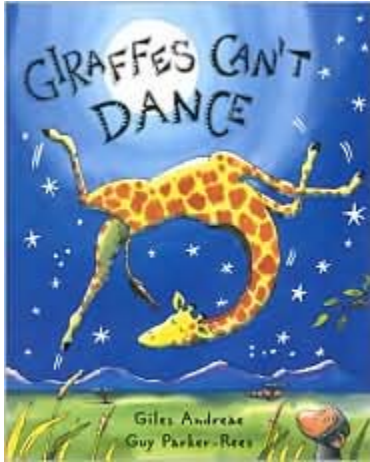


Everybody Dance!

Sandvick, Jenny Miglis. Random House Books for Young Readers, 2008.

“ZOE LOVES BALLET, and her friends on *Sesame Street*TM love all kinds of dance, from hula to tap! As Zoe looks for a partner, she visits each of them, trying out different dances along the way. But as she learns in the end, there’s nothing better than dancing with *all* your friends together!”

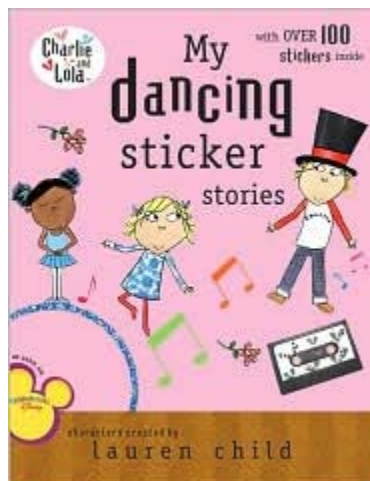
This sturdy board book has a half-page flap in each spread that can be flipped back and forth to make the characters really dance!”



Giraffes Can't Dance

Andreae, Giles. New York, NY: Scholastic, 2001.

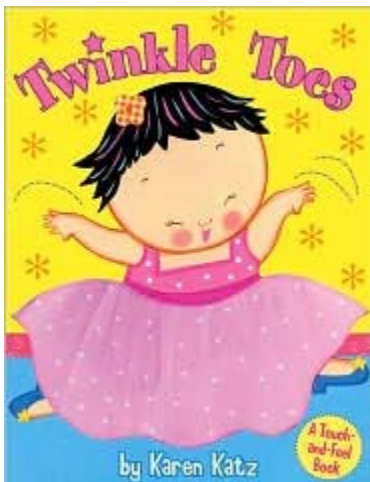
“Gerald the giraffe longs to dance, but his legs are too skinny and his neck is too long. His knees buckle whenever he tries to twirl. At the Jungle Dance, the warthogs waltz, the chimps cha-cha, and the lions tango. "Giraffes can't dance," they all jeer when it's Gerald's turn to prance. But there is one little creature who believes in Gerald. "Everything makes music," the cricket explains, "if you really want it to." So Gerald starts swaying to his own sweet tune. With light-footed rhymes and high-stepping illustrations, this tale is gentle inspiration for every child with dreams of greatness.”



My Dancing Sticker Stories

Child, Lauren. USA: Penguin Group, 2009.

“Charlie has this little sister, Lola. She REALLY wants to learn to dance, but she is not very floaty and tap dancing is a little bit too tappy. Lola says ‘I think there might be other good dancing that I can do better...’”

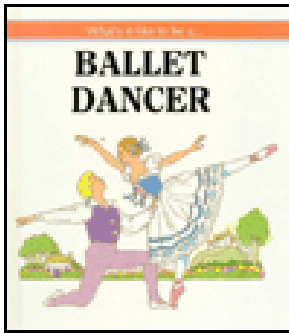


Twinkle Toes

Katz, Karen. USA: Penguin Group, 2008.

“The ballerina star on the cover of this irresistible novelty board book has on a real tulle tutu! Inside, she is a fluttery butterfly with shimmering lamé wings, a toe-tapping cowgirl with a sequin vest, a dancing princess in a sparkly gown, and more. Toddlers will love touching the sparkly textures as well as copying all the dance moves.”

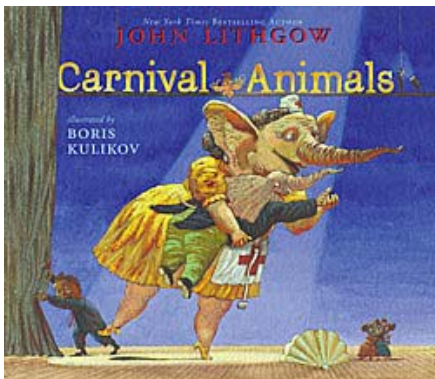
School Age: 5 and up



Ballet Dancer

Craig, Janet. Troll Communications L.L.C., 1989.

“Follows a ballerina as she rehearses for an upcoming ballet, teaches a class of young dancers, and dances in an evening performance.” (5yrs-8yrs)

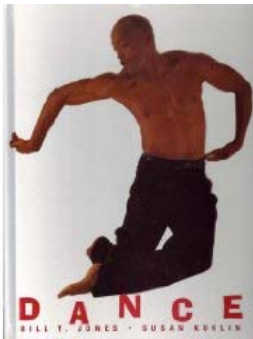


Carnival of the Animals

Lithgow, John. New York, NY: Simon & Schuster Children's Publishing, 2007.

“After wandering off from a school field trip, a young boy falls asleep in the Natural History Museum. There he sees his classmates, teachers, and family transformed into a menagerie of animals, from wild hyenas to stately peacocks. John Lithgow’s exhilarating word play, inspired by Camille Saint-Saens’s 1886 composition,

provides a narrative arc to the piece for the first time. Lithgow created the text for the New York City Ballet, when the *Carnival of the Animals* ballet, with his narration, debuted in 2003. CD also enclosed.” (4yrs-8yrs)

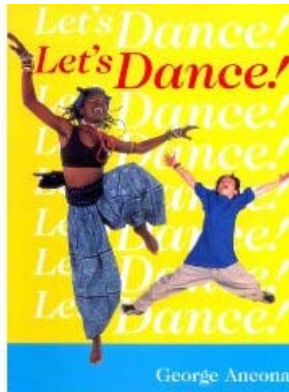


Dance! With Bill T. Jones

Kuklin, Susan and Jones, Bill T. Hyperion Books, 1988.

This is a great book that introduces the use of the body and dance’s basic elements through text and photographs.

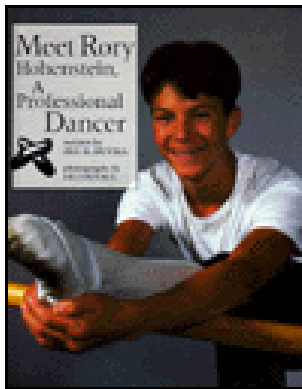
The BalletMet Education Department has a terrific Dance unit built around this book. Contact us to bring this lesson to your school. (4yrs-8yrs)



Let's Dance!

Ancona, George. Morrow Junior Books, 1998.

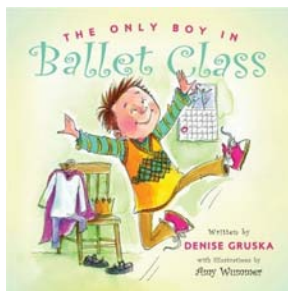
Easy text for readers with photos showing dances from different cultures. (4yrs-9yrs)



Meet Rory Hohenstein, a Professional Dancer

Duvall, Jill D. Canada and USA: Scholastic Library Publishing, 2007.

“Describes the life of a teenage dancer and shows how his practice and hard work pay off during a performance at the Kirov Academy in Washington, D.C.” (4yrs to 8yrs)

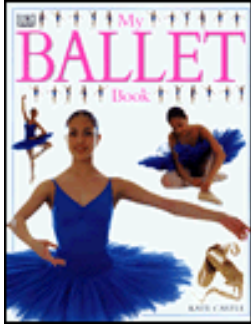


The Only Boy in Ballet Class

Gruska, Denise. China: Gibbs Smith, 2007.

“Tucker Dohr loves to dance. His passion is ballet. When he gets to Madame Clara’s Dance Studio and takes off his shoes and pulls on his very worn-out ballet slippers, he jumps so high it feels like flying and everything in the world makes sense. And even though some people don’t understand his passion – including Uncle Frank and the boys on the football field – the chance is coming for Tucker to prove to everyone just how great ballet can be!” (4yrs to 8yrs).

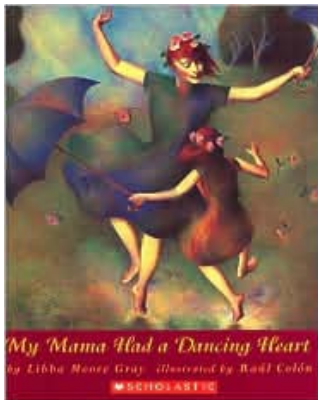
Juvenile: 7 and up



My Ballet Book

Castle, Kate. DK Publishing Inc., 1998.

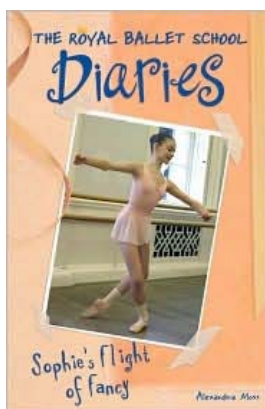
“This is a guide to the basic movement and poses of ballet that also covers everything from stage make-up and costumes, to how to curtsy and bow. Photographs guide beginners through ballet sequences. Details on a typical day in the life of a professional dancer are included.” (8yrs-12yrs)



My Mama had a Dancing Heart

Gray, Raul Colon. Orchard Books, 1999.

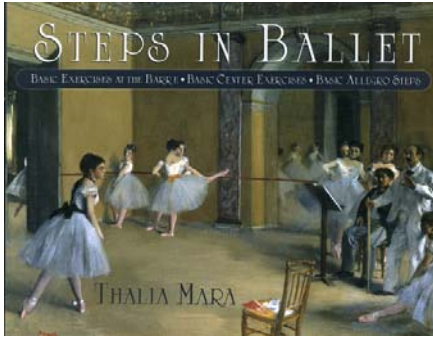
“A ballet dancer recalls how she and her mother would welcome each season with a dance outdoors.”



Sophie's Flight of Fancy (Royal Ballet School Diaries Series)

Moss, Alexandra. London, England: Working Partners Ltd, 2005.

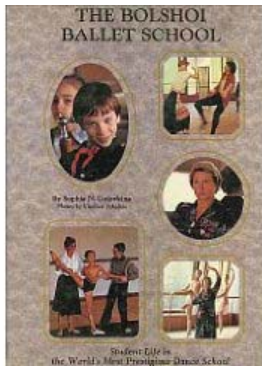
“Dear Diary, I’m a little nervous about returning to The Royal Ballet after Half Term tomorrow. I’m so relieved, and I can’t wait to see all my ballet friends again, but I can’t help wondering if anyone was assessed out! Everyone is so talented, I couldn’t imagine it happening. But what would happen if someone was?” (8yrs-10yrs)



Steps in Ballet: Basic Exercises

Mara, Thalia. Highstown, NJ: Princeton Book Company Publishers, 2004.

“*Steps in Ballet* presents a clear and simple exposition of beginning ballet technique. Throughout the book the correct balletic terms are given in French, with the phonetic pronunciation of each and their meanings. The book is profusely illustrated with line drawing showing the correct movements and occasional humorous drawings of what not to do.”



The Bolshoi Ballet School: Student Life in the World' Most Prestigious Dance School

Golovkina, Sophia N. USA: TFH Publications, 1987.

This book guides the reader through the many stages that boys and girls go through at the Bolshoi Ballet School.



The Dance

Evans, Richard Paul. New York, NY: Simon & Schuster Books for Young Readers, 1999.

“Dancing marks the rites of passage in a daughter’s life and that of the father who loves her. From her first carefree twirling in the flower-dotted yard, to her first solo performance in *The Nutcracker*, to the waltz of her wedding night, her father is there watching, silent and unobserved. And he smiles. This tender story of the bond between a father and a daughter told straight from the heart by the best-selling author of *The Christmas Candle* and illustrated with exquisite, lush paintings, evokes that bond with powerful poignancy.”

Young Adult/Teen: 12 and up

A Company of Swans



Ibbotson, Eva. USA: Penguin Group, 2007.

“For nineteen-year-old Harriet Morton, life in 1912 Cambridge is as dry and dull as a biscuit. Her stuffy father and her oppressive aunt Louisa allow her only one outlet: ballet. When a Russian ballet master comes to class searching for dancers to fill the corps of his ballet company before their South American tour, Harriet's world changes. Defying her father's wishes and narrowly escaping the clutches of the man who wishes to marry her, Harriet sneaks off to join the ballet on their journey to the Amazon. There, in the wild, lush jungle, they perform *Swan Lake* in

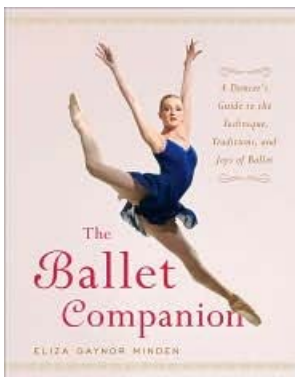
grand opera houses for the wealthy and culture-deprived rubber barons, and Harriet meets Rom Verney, the handsome and mysterious British exile who owns the most ornate opera house. Utterly enchanted by both the exotic surroundings and by Rom's affections, Harriet is swept away by her new life, completely unaware that her father and would-be fiancé have begun to track her down...”



Dance

Haring, Keith. Boston, New York, London: Bulfinch Press, 1999.

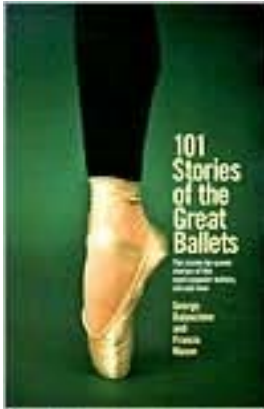
“One of the most famous of modern artists, Keith Haring produces a tremendous body of work in his signature graffiti styles. Dance was a major influence on Haring, and collected in *Dance* are forty of his most compelling images of dance in all its various expressions. With a simple, fluid line Haring created energetic dancing character ranging from hip-hopping chickens to a ballerina in full arabesque.



The Ballet Companion: A Dancer's Guide to the Technique, Traditions, and Joys of Ballet

Minden, Eliza Gaynor. New York, NY: Fireside, 2005.

“The Ballet Companion is a fresh, comprehensive and thoroughly up-to-date reference book for the dancer. With 150 stunning photographs of ballet stars Maria Riccetto and Benjamin Millepied demonstrating perfect execution of positions and steps, this elegant volume brims with everything today's dance student needs.”



101 Stories of the Great Ballets.

Balanchine, George and Mason, Francis. New York: Knopf Doubleday Publishing Group, 1975.

“Written by the world’s most renowned choreographer, ballet master, and teacher, here are the scene-by-scene stories of 101 popular ballets - a choice selection of both classical and contemporary ballets as performed by the world’s leading ballet companies. More than half the selections have been created only recently and appear here in book form for the first time. The remaining balance are standard classical works, which form the core of the repertoire. Together these stories of ballets old and new provide a complete overview of, and introduction to, the current ballet scene.”

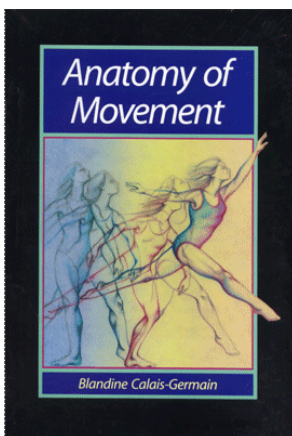
Dance Magazine

MacFadden Performing Arts Media. - www.dancemagazine.com

Dance Magazine is an awesome resource for all forms of information about dance itself and the dance community.

*** Young Adults/Teens should also check out some of the Adult reading materials such as *Anatomy of Movement* and *Finding Balance*.**

Adults

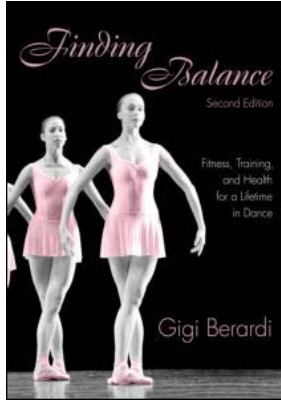


Anatomy of Movement

Calais-Germain, Blandine. Seattle, Washington: Eastland Press, 2007.

“*Anatomy of Movement* presents a dynamic integrated approach to the study of the physical structures of the musculoskeletal system and their functional relationship to the movement of the human body. In clear concise text illustrated with more than a thousand graphic drawings, the author guides the reader on a lively tour of the muscles, bones, ligaments, and joints of the arms, legs and trunk. The focus throughout the book is on anatomy not for its own sake, but in its

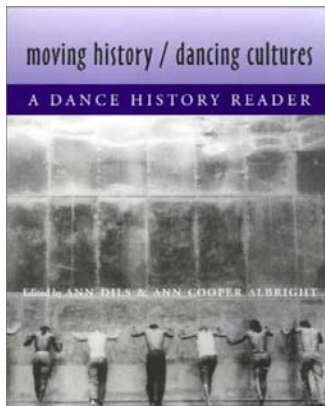
functional relationship to the actual movements of the body in dance, exercise, and other physical disciplines.”



Finding Balance, Second Edition: Fitness, Training, and Health for a Lifetime in Dance

Berardi, Gigi. New York, NY: Routledge, 1991.

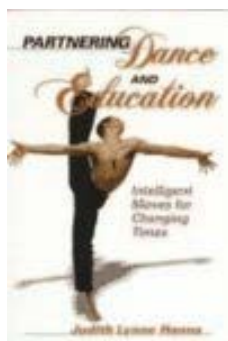
“*Finding Balance* gives an overview of issues faced by all performing artists: injury and treatment; technique and training; fitness; nutrition and diet; and career management. The text includes both easy to read overviews of each topic and profiles of well known dancers and how they have coped with these issues.”



Moving History/Dancing Cultures: A Dance History Reader

Ed. Dils, Ann and Albright, Ann Cooper. Middletown, Connecticut: Wesleyan University Press, 2001.

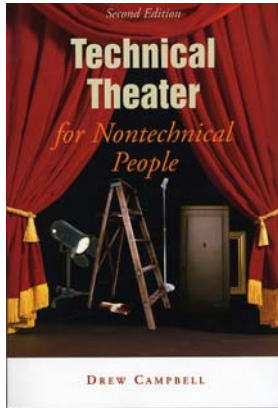
“This dance history reader is a collection of essays that surveys the history of dance in an innovative and wide-ranging fashion. Editors Dils and Albright have created a multifaceted, non-linear, yet well-structured and comprehensive survey of select moments in the development of both American and World dance. Illustrated with over 50 photographs, it makes an ideal text for undergraduate classes in dance ethnography, criticism or appreciation, as well as dance history - particularly those with a cross-cultural, contemporary, or an American focus.”



Partnering Dance and Education: Intelligent Moves for Changing Times

Hanna, Judith Lynne. United States: Judith Lynne Hanna, 1999.

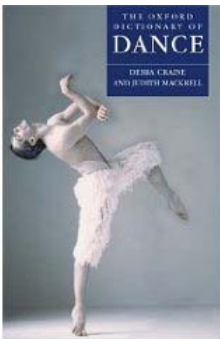
“In *Partnering Dance and Education*, Dr. Judith Lynne Hanna presents a compelling argument for making dance central to every student’s education. She examines current trends and issues in dance education to show how dance can be successfully justified and taught in today’s changing educational environment.”



Technical Theater for Nontechnical People

Cambell, Drew. New York: Allworth Press, 2007.

“*Technical Theater for Nontechnical People* is an indispensable resource designed to help producers, actors, dancers, playwrights, directors, even planners, press agents, and anyone else involved in live performance, understand and utilize every aspect of the backstage environment. With comprehensive explanation of equipments and concepts, and important terms highlighted and defined in a convenient glossary, this book is an essential guide for working with technicians and technical equipment.”



Oxford Dictionary of Dance.

Crane & Mackrell. USA: Oxford University Press, 2005

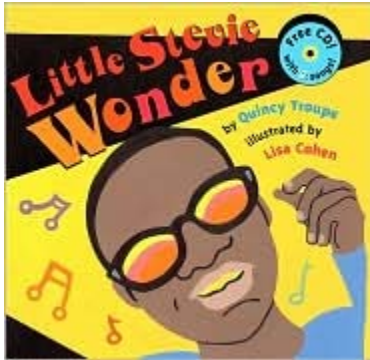
This dictionary covers the explosion of new dance languages and choreography, the growing appreciation of dance forms from around the world as well as classical ballet and modern dance.

Family Education

<http://www.familyeducation.com/home/>

This website offers a large and diverse access to activities for all age levels for parents to do with their kids. There are even movement activities available for baby!!!

Music Resources



Little Stevie Wonder

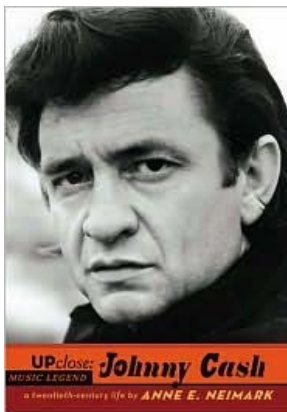
Troupe, Quincy. Houghton Mifflin Harcourt, 2005.

“Eleven-year-old Stevland Judkins Morris Hardaway hit the big time when he signed a Motown recording contract. At the age of thirteen, Little Stevie Wonder had millions of fans dancing to the number-one song in the nation.

Little Stevie Wonder is the true story of a boy who lost his sight shortly after birth, grew up in Detroit, Michigan, and became one of the twentieth century’s most creative and influential musicians—an instrumentalist, singer, songwriter, musical innovator, and cultural activist.

Here in Quincy Troupe’s joyful poem and Lisa Cohen’s vibrant art is an uplifting celebration of life, peace, and music.” (5yrs – 9yrs)

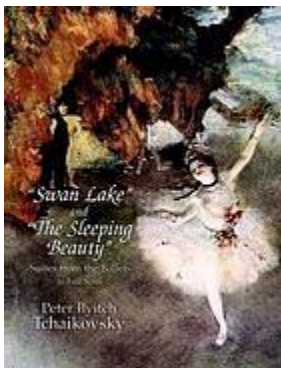
Music CD included with book!



Johnny Cash: Up Close Series

Neimark, Anne. USA: Penguin Group, 2007.

“Johnny Cash was so much more than a country-music star. The only musician ever to be inducted in three halls of fame (Country Music, Rock and Roll, and Songwriters), his music and his legacy have influenced performers ranging from Bob Dylan to U2 to Nine Inch Nails.” (12yrs and up)



Swan Lake and The Sleeping Beauty: suites from the ballets

Tchaikovsky, Peter Ilyich. Mineola, NY: Dover Publications, 1997.

“This volume contains the full orchestral suites [scores] from both Swan Lake and The Sleeping Beauty, reproduced in full from authoritative editions. Now musicians and music lovers can study and enjoy these enchanting works in one handsome, high-quality edition.”

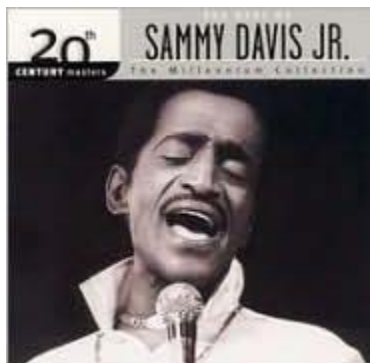


Orff: Carmina Burana

By: Robert Shaw and the Atlanta Symphony Orchestra and Chorus

UPC: 089408005626

Between 1935 and 1936, German composer Carl Orff set 24 or the poems from the manuscript of 254 poems called *Carmina Burana*. This is Robert Shaw's reconstruction of Orff's work. **(CD)**



20th Century Masters - The Millennium Collection: The Best of Sammy Davis, Jr.

By: Sammy Davis Jr.

UPC: 044006508320

“Primarily a dancer and singer, Davis was a childhood vaudevillian, and became internationally famous for his performances on Broadway and Las Vegas, as a recording artist, television and film star.” **(CD)**



The Johnny Cash Children's Album

By: Johnny Cash

UPC: 828768132821

A wonderful compilation of 15 Johnny Cash songs that all ages will love. **(CD)**