



BalletMet Dance Academy
High School Intensive Contemporary Dance Program Curriculum

Objectives:

- This 38 week Program is designed for the student of dance who wishes to follow a varied program of dance styles, leading to a career in dance in modern or musical theatre techniques.
- Students will continue a base of classical ballet but their field of study will be widened to include other dance techniques when appropriate.
- The Dancer Core Academic Program provides information that will broaden the students understanding of their art form, it's place in the culture of today and provide them with the practical tools to progress into professional life.
- Opportunities to develop performance skills will be made available to students, at all levels, commensurate with their abilities and talents.

Student Placement:

- Students enter into the Contemporary Dance Program upon completion of BalletMet Dance Academy Ballet 5 or by taking an audition class. They are then placed at the discretion of the Academy Director, based on the recommendation of the faculty member teaching the placement class.
- Students are expected to have completed the required level syllabus to the satisfaction of the class instructor/s and Academy Director before progressing to the following class level.

Student Evaluation:

- Students are expected to have completed the required level syllabus to the satisfaction of the class instructor/s and Academy Director before progressing to the following class level.
- Evaluations are given twice yearly with a parent/student conference at the end of the second semester, with recommendations for further study for the summer and coming year.
- Assessment classes are given at the end of the Academic year to a panel of a minimum of two members of the faculty, including the class instructor. The student's performance in this assessment class will be reflected in class placement for the following year.
- Students will be required to present a portfolio of their Core Academic projects and assignments for assessment twice yearly.

Student Mentoring:

Each class level will be mentored by one faculty member who will advise and monitor students and communicate class progress to the Academy Director.

Performance Opportunities

Students will have multiple opportunities to perform on stage and to present themselves in public. As well as dancing on stage, professional dancers are often asked to speak and act in Lecture Demonstrations and represent their companies at fund raising events, and other social gatherings, so the ability to present themselves appropriately with poise and confidence in the social arena is an important part of a young dancer's education. All costuming is through the Academy and Costume shop.

Senior Performance Ensemble

- Intensive and Pre-Professional students participate in the Senior Performance Ensemble. This student company of dancers of an Intermediate through Advanced/Professional level of dance represents the Academy at events in the City of Columbus and Ohio. Students are encouraged to study choreography that reflects the artistic vision of the BalletMet Company. They work on perfecting the details of varying styles and techniques to prepare them for the wide-ranging demands made on professional dancers.
- There are two evening performances in March to showcase the work of both Senior and Junior Performance Ensembles.
- Other opportunities to perform have included: The Nutcracker Ball, Ohio Dance Festival, Great Gatsby Fashion Show, Ohio Arthritis Foundation and Junior League Benefit.

Spring Performances

- The Academy presents 5 end of year performances for all Academy students. The Senior Performance Ensemble participates in all five performances.

Outreach Performances

- Together with Company trainees, Intensive and Pre-Professional students opportunities to perform with the BalletMet Education Department representing BalletMet throughout the community.

Company Performances

- BalletMet Intensive and Pre-Professional Students participate in several Company performances during the Company season. All decisions regarding casting are made by Company Director, Gerard Charles and members of the Company Artistic Staff and are final.

Academy Open Days

- Intensive and Pre-Professional students will be invited to dance, appear in costume and assist with the general public.

Competitions

- Students wishing to prepare for select competitions will be evaluated on an individual basis. If a student is approved by the Academy Director the preparation for the competition will be during scheduled class times, whenever possible. Costumes for competitions may be provided by the BalletMet costume shop.

Dancers' Core Academic Program

Divided into six six-week study blocks of one 1.5 hour classes a week, this program introduces students to material that will provide support for their chosen career, both artistic and practical. The study blocks are project-based and designed to promote student participation and independent study.

Goals and Objectives:

Students will understand:

- How their specialized dance form has developed, historically, philosophically and culturally and how it relates to other dance forms and styles both past and present.
- How to present a personal view of the subject using appropriate technical and critical vocabulary to analyze and justify their interpretation and evaluation of the work.
- The relationship of dance to the other arts
- The use of technical and design elements of theatre and performance technology.

Material will include:

History of Dance	Dance Appreciation	Music for Dancers	Basic Ballet Pedagogy
Injury Prevention	Anatomy & Kinesiology	Nutrition	
Acting	Costuming and Make-up	Theatre Skills; Lighting, staging, etc	

OSU Sports Medicine Program for the Performing Arts

- Unique relationship with OSU allows students ready access to sports medicine primary care physicians, orthopedic surgeons, sports chiropractors and performing arts-specific athletic trainers, physical therapists and massage therapists.
- Physical Screenings by OSU Physical Therapists

National Honor Society of Dance Arts

- Students may choose to participate in the National Honor Society for Dance Arts.
- BalletMet hosts not only the first chapter of NHSDA in the state of Ohio, but is also the only dance academy that is attached to a Professional Dance Company to host a chapter of this nationally recognized honors program.
- The primary goals of the National Honor Society for Dance Arts are:
 - 1) to promote and honor outstanding achievement in students 11-18 years of age studying dance;
 - 2) to encourage well-rounded young dance artists to be leaders in their communities;
 - 3) to identify honor students of junior and senior high school age for nomination to the NDEO's Artistic Merit, Leadership, and Academic Achievement Award, one of the highest honors programs in the United States.

Community Service

BalletMet provides ample opportunities for students to fulfill community service requirements through outreach and educational programs.

Dancers Contemporary Training Program

Students are expected:

- To demonstrate an appropriate level of technical accomplishment that includes the necessary anatomical alignment, placement and posture.
- To demonstrate and maintain sound knowledge and understanding of technical vocabulary and principles of the curriculum in their specified dance styles.
- To demonstrate an understanding of phrasing and timing.
- To develop performance skills both as a soloist and as a member of a corps de ballet for public performance.
- To choreograph original solo or group works in a style of their own choosing for public performance.
- To communicate ideas in choreography through movement and interpret and express mood, meaning and emotion through movement.
- To be seen to understand and implement safe practice.

Intermediate Contemporary

Class	No. of Classes	Length of Class/Hrs	Total Hours
Ballet Technique	3	1.5	4.5
Intermediate Jazz	1	1.5	1.5
Tap	1	1	1
Exercise/Conditioning	1	1	1
Modern Dance	2	1.5	3
Composition	1	1	1
Senior Performance Ensemble	1	1	2
Total Hours			<u>14</u>

Electives

Class	No. of Classes	Length of Class/Hrs	Total Hours
Character/Flamenco	1	1	1
Pointe Work or Male Technique	1	1	1

Intermediate/Advanced Contemporary

Class	No. of Classes	Length of Class/Hrs	Total Hours
Ballet Technique	3	1.5	4.5
Advanced Jazz	2	1.5	3
Tap	1	1	1
Exercise/Conditioning	1	1	1
Modern Dance	2	1.5	3
Composition	1	1	1
Senior Performance Ensemble	1	1	2
Total Hours			<u>15.5</u>

Electives

Class	No. of Classes	Length of Class/Hrs	Total Hours
Character/Flamenco	1	1	1
Pointe Work or Male Technique	1	1	1

Advanced Contemporary

Class	No. of Classes	Length of Class/Hrs	Total Hours
Ballet Technique	3	1.5	4.5
Advanced Jazz	2	1.5	3
Tap	1	1	1
Exercise/Conditioning	1	1	1
Modern Dance	2	1.5	3
Composition	1	1	1
Senior Performance Ensemble	1	1	2
Total Hours			<u>15.5</u>

Electives

Class	No. of Classes	Length of Class/Hrs	Total Hours
Character/Flamenco	1	1	1
Pointe Work or Male Technique	1	1	1

Susan Brooker, Director, BalletMet Dance Academy
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