



EDWAARD LIANG  
ARTISTIC DIRECTOR

## **BalletMet Dance Fitness Classes Frequently Asked Questions**

### **What should I wear?**

Comfortable athletic clothing is just fine. Appropriate shoes are recommended for our dance classes— i.e. tap shoes for tap, jazz shoes for jazz, etc.

### **Should I bring anything else?**

Feel free to bring water and a towel. Bring your own mat for Pilates.

### **Are all of the classes really drop-in?**

While our dance-specific classes (ballet, jazz, modern, tap) do progress throughout the year, it's perfectly fine to drop in. Our teachers will help you progress at your own pace. All of the fitness-related classes are drop-in-friendly at all times.

### **Do I need to register beforehand?**

It's strongly encouraged to register online for your class card before attending class. However, you can register and purchase class cards at BalletMet.

### **Where are the classes held?**

Classes are held downtown at BalletMet. 322 Mt. Vernon Ave. Columbus, OH 43215